



Contact Us Today!

Phone (519) 846.9839

Toll Free 1.866.997.9928

Fax (519) 846.2343

Change the way you do business!

Register Today!

Mindfulness in Business

September 13th, 930 am to 12 noon

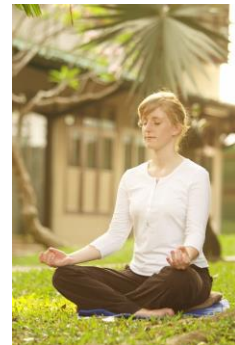
Workshop Fee: \$45

Facilitated by Tina Heathers

Mindfulness is the practice of learning how the mind works and being able to influence how it processes thoughts and emotions. Getting the mind and your emotions in balance and functioning clearly can make a big difference to your business and management success.

Come learn how mindfulness in business can increase your effectiveness.

[Read more](#)



The Psychology of Networking for Success

September 21st, 130 pm to 4 pm

Workshop Fee: \$45

Facilitated by Sylvia Plester-Silk

We all know that a lot goes into the networking experience. In this interactive workshop, we will focus on the personal and interpersonal skills you need to be a successful networker. Once you understand these, you will be able to recognize new opportunities and be able to connect to others in a more meaningful way.

Participants will learn how to:

- Understand the brain chemistry of connection to help share your services and create curiosity.
- Tune into your Inner Knowing to make more connections that lead to business.

- Be able to connect with your ideal clients at the same time, building trust and likeability.
- Use your personal networking style to unleash your results.

[Find out more »](#)



Visit our website

Register today